

**LODDON MALLEE REGIONAL
SPECIALIST PALLIATIVE CARE
CONSULTANCY SERVICE
(LMRSPCCS)**

REFERRAL FORM

Surname: UR No:
 Given Name:
 DOB: Sex:
 Address:
 Home Phone: Mobile:
 (USE LABEL IF AVAILABLE)

**Loddon Mallee
Regional Specialist
Palliative Care
Consultancy Service**

Monday- Friday
8.00 am-4.30 pm

Tel: (03) 5454 6262
Fax: (03) 5454 6336

Triage Number
0438 439 078

Manager

Alison Smith

**Palliative Care
Physicians**

Dr Mark Kitching
Prov No: 5005222B

Dr Buddhika
Mudugamuwa
Prov No: 404933JA

**Palliative Care
Physician & Medical
Acupuncturist**

Dr Rebecca Chapman
Prov No: 200218EB

Nurse Practitioner

Anita Wild
Prov No: 5465591H

Joanna Lane Welsh
Prov No: 6027331Y

**Clinical Nurse
Consultant (Non-
Malignant)**

Angela Munro

**Palliative Care, Aged
Care and Disability
CNC**

**Servicing the
Southern Loddon
Mallee region**

Referrer Details

(ALL referrals MUST be completed by a Registered Medical Practitioner or Nurse Practitioner)

Referral Date: Referrer's Contact No:
 Referrer's Name: Referrer's Provider Number:
 Organisation: Referrer's Signature:

Regional Referral Location

Bendigo Castlemaine Echuca Kyneton Maryborough Swan Hill Other:

Referral Request

***Please provide most recent health summary and correspondence**

Specialist Clinic* Telehealth* Home Consult* Ward Review Unsure/query admission

For **URGENT** matters during business hours, please call **0438 439 078** or **5454 6262**

Patient Details

Is the patient aware of the referral: Yes No Medicare Number:

Country of Birth: Preferred Language:

Indigenous Status: A TSI Both A&TSI Not A or TSI Not Clearly Stated/defined

Patients living arrangements: Alone with family lives with others

Patient's current location:

Carer Availability Has no carer Has a carer: Co-Resident Non-resident

Name/Relationship to patient: Contact Number:

Reason for Referral/Level of Urgency

Phase: Unstable Deteriorating Terminal Care AKPS: Please see over for referral information

Reason for referral/ support/ Symptoms present?

Malignant Non-Malignant

Diagnosis:

PMHx:

Site of metastases:

Current treatments/medications:

Other information:

General Practitioner

GP Name: Practice Name:

Telephone: If not the referrer, is the GP aware: Yes No

Please Fax referral to 5454 7099 or ereferral@bendigohealth.org.au

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LMRSPCCS is a regional service providing consultations to patients and families supporting the most complex palliative conditions. The primary role of the service is clinical consultation by providing assistance with complex symptom management and anticipatory care. The service works in collaboration with palliative care service providers, health care professionals and general practitioners across the region in order to facilitate early and appropriate referral and subsequent interventions for patients for whom the goal of treatment is palliative. We are also involved with coordinating/facilitating access to appropriate services including specialist community palliative care and inpatient beds across the region; education, research, quality improvement processes and collaborative strategic planning.

Further Information/Guidance

ALL referrals MUST be completed by a Registered Medical Practitioner or Nurse Practitioner

Specialist Clinic	LMRSPCCS run MBS Palliative Care clinics available to all patients in the southern Loddon Mallee Region. Clinics currently run in Bendigo, Echuca and Swan Hill
Telehealth	LMRSPCCS have MBS run telehealth clinics available for all patients for timely access to specialist advice, symptom management and as a source of ongoing review for patients living in rural and remote areas
Home Consult	A face-to-face home consultation can be arranged by either a palliative care physician or nurse practitioner for patients who are unable to attend a clinic appointment
Ward Review	Where practical and available, the LMRSPCCS will make all attempts to attend a face to face consultation on the ward for all referrals. Telephone advice may be given in the interim until a clinician is able to attend
Unsure/query admission	If the referrer is unsure which category the referral should go under or you are seeking advice as to whether admission might be appropriate for your patient, please tick this box and we encourage you to call 0438 439 078 to discuss with triage clinician

LMRSPCCS operates Monday to Friday from 8.30am to 5.00pm

Phase of care

Unstable	An urgent change in the plan of care or emergency treatment is required because <ul style="list-style-type: none"> • Patient experiences a new problem that was not anticipated in the existing plan of care, and/or • Patient experiences a rapid increase in the severity of a current problem; and/or • Family/ carers circumstances change suddenly impacting on patient care.
Deteriorating	The care plan is addressing anticipated needs but requires periodic review because <ul style="list-style-type: none"> • Patients overall functional status is declining and • Patient experiences a gradual worsening of existing problem and/or • Patient experiences a new but anticipated problem and/or • Family/carers experience gradual worsening distress that impacts on the patient care.
Terminal	Death is likely within days.

Australian Modified Karnofsky Score- AKPS

Score	Definition	Score	Definition
100	Normal; no complaints; no evidence of disease	90	Able to carry on normal activity; minor sign of symptoms of disease
80	Normal activity with effort; some signs or symptoms of disease	70	Cares for self; unable to carry on normal activity or to do active work
60	Able to care for most needs; but requires occasional assistance	50	Considerable assistance and frequent medical care required
40	In bed more than 50% of the time	30	Almost completely bedfast
20	Totally bedfast and requiring extensive nursing care by professionals and/or family	10	Comatose or barely rousable

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